

CURRICULUM



From infant to kindergarten prep, every **Bright Horizons**® program includes all the important elements you want for your child: a *Discovery Driven Learning*™ approach to inspire curiosity, health and safety policies backed by experts, and our own educator-created curriculum to support school readiness. Each of our carefully crafted education programs encourages curious, happy, and confident children at every age and stage.

Infants

Encouraging first big milestones in exploration-friendly classrooms

- Primary caregiver for one-to-one moments & personalized care
- Warm, nurturing spaces to explore and soft places to roll over, pull up, and crawl
- Daily reading, exposure to the arts, and outdoor time

Toddlers

Supporting the giant leaps of toddlers with engaging, safe spaces

- Focus on social and self-help skills & newfound independence
- Individual growth and the ability to make choices
- Learning centers including language and reading, construction, math, fine and gross motor development, art, dramatic play, science and sensory exploration, and outdoor learning

Preschool

Inspiring children to be curious and creative thinkers

- Independent, teacher-directed, and small-group activities that spark exploration and discovery
- Curriculum supporting creative expression, literacy, music, and more
- STEM experiences to encourage future-forward skills

Kindergarten Prep

Empowering future kindergarteners to build on the skills they'll need for success in school and in life

- Confidence-building opportunities to problem solve and make decisions
- Teachers who encourage children to reach developmental and academic milestones
- Opportunities to build academic competency in literacy, math, and science



research-based curriculum

All programs are driven by our *World at Their Fingertips*[®] curriculum that meets children where they are developmentally, and builds confidence and excitement about learning.



Health and Wellness

Fosters positive attitudes towards healthy living, physical activity, and nutrition by incorporating healthful habits into daily routines.

Language and Literacy

Cultivates a lifelong love of language, books, and reading through activities that build early literacy skills – listening, speaking, reading, and writing – all integrated into a language-rich environment.

Social-Emotional Learning

Nurtures children's growing awareness of self and others, which includes gaining self-esteem and a sense of identity, learning to express and manage emotions, and creating strong connections and positive interactions with others.

STEM

Encourages children to explore science, technology, engineering, and math through observation, experimentation, problem solving, and discovery.



Thinking and Learning

Supports children's foundational learning skills such as self-regulation, executive function, and creativity.

Toward a Better World: Community, Character, & Inclusion

Helps children learn respect for our world, its diverse people, and the environment through a wide range of experiences while acknowledging and valuing the rich cultural heritage of families.

Visual and Creative Arts

Encourages children to express themselves artistically and develop an appreciation for art through a variety of experiences – fine art, music, theater, dramatic play, and dance.

READY TO GET STARTED?

Speak to the director at your center of choice or visit [brighthorizons.com](https://www.brighthorizons.com) to learn more. We can't wait to welcome you to the Bright Horizons family.