

Growing Readers Review



Book recommendations to help your child spark a lifelong love of reading

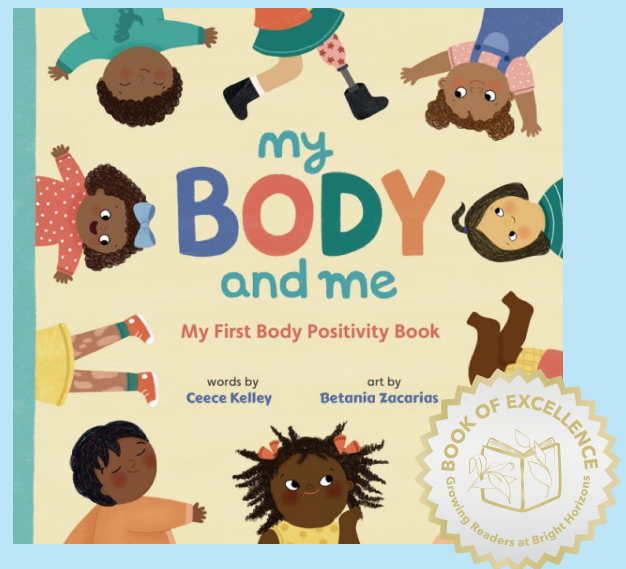
Featured Book of Excellence

My Body and Me: My First Body Positivity Book

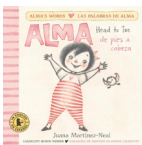
Written by Ceece Kelley, Illustrated by Betania Zacarias

Infant - Toddler

My Body and Me: My First Body Positivity Book celebrates the uniqueness of every child through a joyful exploration of body features, including hair, skin, cheeks, bellies, legs, and more. As readers move through the story, they are encouraged to celebrate their individuality and what their bodies can do and appreciate that every body is special just as it is. The empowering, rhyming text and vibrant, inclusive illustrations help children develop confidence, self-acceptance, and appreciation for differences. This book is a positive choice to discuss self-esteem, body positivity, identity, and the qualities that make each of us unique.



Other book recommendations featuring body positivity

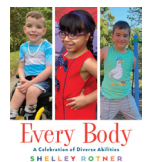


Infant - Toddler

Alma Head to Toe/de pies a cabeza by Juana Martinez-Neal

Preschool - Young School-Age

Every Body: A Celebration of Diverse Abilities by Shelley Rotner

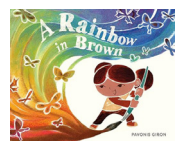


Infant - Toddler

My Hands Can by Ammi-Joan Paquette

Preschool - Young School-Age

A Rainbow in Brown by Pavonis Giron



Make reading a joyful part of your child's daily routine.

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