Yummy Yoghurt Cupcakes

A great activity where using one yoghurt pot can help to create yummy yoghurt treats.

You will need:

- 1 x 125g pot of yoghurt
- 2 x yoghurt pots of sugar
- 2 eggs
- 3 x yoghurt pots of self-raising flour
- ¾ yoghurt pot of sunflower oil
- Muffin Tin
- 12 paper cake cases

Making the activity:

- Wash your hands and put on an apron before preparing food.
- Heat the oven to 350°F / 180°C.
- Beat the yoghurt and the sugar together in a bowl and once mixed together add in the eggs and beat well.
- Next, add the flour and mix all together. Finally, add the oil and beat together well until mixture is smooth.
- Put the cake cases into the muffin tin and then gently pour the mixture into the cake cases dividing evenly.
- Put the muffin tin in the oven for 25 minutes or until golden brown.
- Share and enjoy your yoghurt pot cupcakes with your friends and family.

How this supports knowledge and development:

Following recipes and cooking encourages children to be self- directed and independent, it also teaches them to follow directions and develop problem-solving skills. Fine motor skills and hand – eye coordination skills are developed through chopping, mixing, squeezing, and spreading.

Why not ask your little one to design their own topping for the cupcakes using different ingredients. Ask them questions about why they have chosen certain ingredients and what it would look like.

TOP TIP - Why not use different flavoured yoghurts or add natural food colouring to make your cupcakes really stand out!

EXTEND THE ACTIVITY - Instead of cake cases use the mixture to make a tray. Use cutters to make different shapes or even letter for your name.

Creative Cooks

Keeping Everyone Safe
Make sure an adult uses the oven

Enrich vocabulary development with related words such as:

Heat	Smooth	Raw
Bake	Cook	Filling
Bowl	Degrees	Dye
Mix	Pour	Colouring
Add	Golden	Portion
Mixture	Brown	Flavour

Can you design your own showstopping cake?

TOP TIP - Remember to ask probing questions to encourage your little one to think logically and problem solve.

What do you think has happened when adding all the ingredients together?
What do you think is happening when they are in the oven?
What has happened?
Why?