

# Paper Play



## Learning Value:

This activity promotes active exploration and builds arm strength and coordination.

## Materials Needed:

- ▶ Thin paper of different colors
- ▶ Tissue paper
- ▶ Contact paper
- ▶ Masking tape

## Participants:

This activity is intended for adult/child interaction.

## Directions:

- ▶ **Step 1:** Provide a small amount of paper and let your child rip, bend, and crinkle the paper. Keep a close watch to ensure your child does not put the paper into his or her mouth.
- ▶ **Step 2:** As your child plays with the paper, periodically describe what you see them doing. Questions or comments such as “Do you hear the sound the paper makes when we move it?” “How does the paper feel?” and “What happens when you touch here?” support development of infant and toddler vocabularies.

### Learn More:

After spending some time playing with the paper, add pieces of contact paper. Tape it to the table or floor with the sticky side up and see how your child plays when the two materials are combined.