

Infant Toddler Sensory:

Exploring Color



Learning Value:

Exploring color is a visually satisfying experience for young children, and this activity also builds vocabulary and beginning sorting and classifying skills.

Materials Needed:

- ▶ Household objects of various colors, such as socks, non-breakable dishes, or toys

Participants:

This activity is intended for adult/child interaction.

Directions:

- ▶ **Step 1:** Show your child one colored object, such as one red sock. Describe it: "Look, a red sock." Show your child one blue and one yellow object, repeating the process.
- ▶ **Step 2:** Lay out more red, blue, and yellow objects. Ask your child to match the new objects with the original ones. For younger children, simply do it yourself, talking with your child and describing what you are doing.
- ▶ **Step 3:** Walk through your house or yard together, looking for more objects that are red, yellow, or blue. Gather a few soft colored objects, such as socks or fabric, in a basket for your child to explore.
- ▶ **Step 4:** Repeat the process with yellow, green, and purple objects either on the same day or another day, depending on your child's interest.
- ▶ **Step 5:** Once your older toddler recognizes basic colors, try showing different shades of one color with paint chips or household objects.