

Infant Sensory

Studying Patterns and Contrasts

Learning Value:

This activity promotes development and learning by encouraging children to use hands and fingers to explore and interact with the environment.

Materials Needed:

- ▶ Household objects, such as socks, dish towels, paper, toys, etc. that feature high contrast colors (black, blue, or red paired with white or yellow)
- ▶ A blanket

Participants:

This activity is intended for adult/child interaction.

Directions:

- ▶ **Step 1:** Spread the blanket on the floor. Sit on it with your child.
- ▶ **Step 2:** Offer one of the high-contrast items for your child to explore. Verbally label the item and respond to your child's attempts to communicate by repeating and adding to them, e.g., "Yes, that's your bear. It's black and white."
- ▶ **Step 3:** Offer additional materials to keep your child engaged. Give your child time to explore each thing independently.

Bright Horizons.

World at Home