

Follow the Leader



Learning Value:

Movement is a critical aspect of learning and activities such as this create new pathways in young children's brains. By following their lead, you can provide your child with a sense of control that they need to direct their own learning.

Materials Needed:

- ▶ None

Participants:

This activity is intended for adult/child interaction.

Directions:

- ▶ **Step One:** In this version of follow the leader, your baby leads and you follow their cues. Get down on the infant's level and as they move you follow. Crawl, roll, and push yourself up as they do. Sit next to them as they engage in play and mimic their movements.
- ▶ **Step Two:** Mimic your child's vocalizations or add in pointing. Ask, "Where should we go?" or "Should we go here or there?" and encourage your child to point or watch for their cue.

Bright Horizons.

World *at Home*

