

Empty Cup Tower Toppling



Learning Value:

This activity will encourage your infant to explore cause and effect as they see how their actions influence the cups. Grasping and pushing the cups will develop hand-eye coordination.

Materials Needed:

- ▶ Small, lightweight plastic cups (at least six)

Participants:

This activity is intended for adult/child interaction.

Directions:

- ▶ **Step One:** Model building a tower within your child's reach.
- ▶ **Step Two:** Gently topple the cups expressing excitement and wonder.
- ▶ **Step Three:** Set up the tower again and encourage your child to touch them with their hands or feet. When the tower topples, express surprise and use language like "Look, you pushed them over!" Repeat the experience and applaud your child's efforts to knock the towers up.
- ▶ **Step Four:** For older children, encourage them to rebuild the tower themselves.

Bright Horizons.

World *at Home*

