

# Creative Scarf Movements



## Learning Value:

This activity combines movement and exercise with shape recognition.

## Materials Needed:

- ▶ Scarves or ribbons
- ▶ Music

## Participants:

This activity is intended for adult/child interaction.

## Directions:

- ▶ **Step One:** Play music and provide your child with a scarf or ribbon. Encourage them to move to the music.
- ▶ **Step Two:** After a few minutes of dancing, challenge your child to move in certain ways by “drawing” with their scarves in the air – make zigzags, squiggly lines, back and forth lines, and a variety of shapes.

### Learn More:

Extend this experience for older children by asking them to draw numbers and letters.