

Art:

Squish Painting



Materials Needed:

- ▶ Paper
- ▶ Paint (tempera or acrylic)
- ▶ Paintbrush
- ▶ Optional: markers

Participants:

This activity is intended for adult/child interaction for ages 2-3 years old, and independent play for children 4 years old and up.

Directions:

[Watch the video to see this art activity in action here!](#)

Step 1: Fold paper in half, open for paint application.

Step 2: Apply paint to paper.

Step 3: Fold the paper in half and rub the surface of the closed paper.

Step 4: Unfold the paper and see what you've made!

Optional: Return to painting once dry and embellish with markers.