

If You're Happy and You Know it

[Watch the music and movement video here](#)
and join in with the lyrics below!

Lyrics:

If you're happy and you know it, clap your hands (clap clap)
If you're happy and you know it, clap your hands (clap clap)
If you're happy and you know it, then your face will surely show it
If you're happy and you know it, clap your hands. (clap clap)

If you're happy and you know it, stomp your feet (stomp stomp)
If you're happy and you know it, stomp your feet (stomp stomp)
If you're happy and you know it, then your face will surely show it
If you're happy and you know it, then get up and dance around!

If you're happy and you know it, shout "Hurray!" (hoo-ray!)
If you're happy and you know it, shout "Hurray!" (hoo-ray!)
If you're happy and you know it, then your face will surely show it
If you're happy and you know it, shout "Hurray!" (hoo-ray!)
shout "Hurray!" (hoo-ray!), shout "Hurray!" (hoo-ray!)

Continued below...

Jump Up and Down

Lyrics:

Everybody, everybody, jump up and down, jump up and down, jump up and down
Everybody, everybody, jump up and down, now keep on jumping up and down
(Up and down, up and down)

Everybody, everybody, fly like a bird, fly like a bird, fly like a bird
Everybody, everybody, fly like a little bird, now everyone keep flying like a cute little
bird

Everybody, everybody, stomp like a dinosaur, stomp like a dinosaur, stomp like a
dinosaur
Everybody, everybody, stomp like a dinosaur, now everyone keep on stomping like a
dinosaur. What does a dinosaur say, "RAWR"

Everybody, everybody, float like a bubble, float like a bubble, float like a bubble
Everybody, everybody, float like a bubble, now keep on floating like a bubble

Everybody, everybody, run like a cheetah, super-fast like a cheetah, run, run like a
cheetah
Everybody, everybody, run like a cheetah, now keep on running like a super cheetah

Everybody, everybody, crawl like a turtle, super slow like a turtle, crawl like a turtle
Everybody, everybody, crawl like a turtle, now keep on crawling like a turtle

Everybody, everybody, swim like a fish, swim like a fish, swim like a fish
Everybody, everybody, swim like a fish, now keep on swimming like a fish

Everybody, everybody, spin around, turn around, spin around
Everybody, everybody, turn around, now keep on spinning around
Around and around, Around and around, Around and around, Around and around
Around and around, Around and around, Around and around, Around and around
Around and around, Around and around, Around and around, Around and around
Everybody, everybody, everybody, STOP!

Everybody, everybody, jump up and down, jump up and down, jump up and down
Everybody, everybody, jump up and down, now sit right back down!

Bright Horizons.

World at Home