

My First Pattern (Under 3 Years)

You will need:

- Two different pieces of coloured paper or card cut into even blocks or squares.

The Activity:

- Create a simple repeating pattern on the floor using your different coloured paper squares. For example: Red Green Red Green Red Green Red Green.
- Say the pattern aloud whilst pointing at each part of the pattern.
- Invite your toddler to copy the sequence using their own set of paper squares, calling out the colours as they go.

Phrases to introduce during the activity to support language development

One more

Counting up

And then

Counting down

What's next

Colours

Extending the activity:

- Create only part of a repeating pattern on the carpet, for example: blue, yellow, blue yellow, blue... Ask your child – What's next?
- Try an auditory version of sequencing : Clap pat clap pat clap pat
- Encourage children to see what patterns they can find in the home

How this supports your child's learning:

This encourages children to recognise patterns in their world and encourages children to explore colours and shapes.



Healthy Hearts
and Minds

TOP TIP:

Start with bigger pieces of card or paper to make it easier for children to distinguish the differences.

Keeping Everyone Safe

Make sure you've put the scissors in a safe place after cutting the squares up.

