

# Meet Olly Pop!

Hi, my name is Olly Pop and I am the **Bright Horizons®** Health and Safety Superhero.

I help children learn how to take care of their growing bodies and brains. From nutrition, to my own Olly Pop bandages to playground safety tips, we have fun as we work on our wellness.

One thing we focus on every day is illness prevention. Through handwashing, proper sneezing techniques, and cleaning our classroom, we can prevent lots of germs from spreading.

With cold and flu going around, and the new coronavirus, we thought you'd like to learn a bit about how we stay healthy and maybe use our ideas at home!

