

Learning at Home



Free Online Experiences for Families with School-Age

Staying close to home does not mean learning adventures can't happen. There is an abundance of online resources available for children and families. Take a virtual adventure together. Experience something new. Visit an exciting place. Learn cool stuff. Below are our recommendations for some online learning adventures.

While we do suggest reviewing the American Academy of Pediatrics [recommendations on screen time](#), we acknowledge that practices are going to change as we use technology more than ever to connect with the outside world. Work as a family to set realistic guidelines for technology use in your home, keeping in mind that research states that interactive apps and experiences are much more valuable than passive media.

Type of Learning	Website or App	Description	Age
App	Mindful Powers	Mindfulness activities for children to help with stress management.	8+
App	Stop Breathe Think	Great app that helps teens de-stress through mindfulness activities.	Teens
App	Smiling Mind	Relieve stress and gain comfort with a wealth of mindfulness activities to do with your young children at home.	5+
App/Stream	Metropolitan Opera	Looking to try something new? Expose children to live music, different languages, and amazing stories told through song. Free stream of operas nightly and available for 24 hours on website or Met Opera app. No subscription is required for these special events.	8+ with parental supervision based on opera
Live Cam	Critter Cam	Go to this site to view live animal cams available throughout the day from the Helen Woodward Animal Center, featuring animals from puppies to parrots.	All ages
Live Cam	San Diego Zoo	Take a stroll through the San Diego Zoo with your child through live cams and videos of various animals.	5+
Live Cam	Georgia Aquarium	Learn about the sea creatures at the Georgia Aquarium, the largest aquarium in the world. Access live cams and facts about each exhibit, from the beluga whales to the sea otters.	5+
Live Cam	Monterey Bay Aquarium	Go on an adventure peeking into the habitats of creatures from A to Z. Go birdwatching or learn about sharks with your child.	5+
Online Free Classes	Outschool	Enroll your child in a one-time special-event art class focusing on Vincent van Gogh, available April 2 and 3.	8–12
Online Learning	Bill Nye the Science Guy	Access science experiments to do at home with your child, as well as videos, facts about science topics, and suggested reading.	6+

Online Learning	National Geographic Kids	Expose children to the world of science, nature, culture, and history. Exploration includes videos, games, and fact sheets.	6+
Streaming and Downloadable How-To Activities	Petersen Auto Museum	Is your child interested in cool cars and how they work? Petersen Auto Museum is offering STEM video cam events on subjects from balloon car making to learning about force and gravity.	8–12
Video	Boston Ballet	Is your child interested in dance? Watch excerpts and interviews from the Boston Ballet.	5+
Video Class	Lunch Doodles at the Kennedy Center	Draw, doodle, read, and write daily with Mo Willems, who will have live lessons at 1 p.m. ET daily. All episodes will be recorded and available to view.	6+
Video Episodes	3Dux Design STEM Show	View live and recorded STEM experiences you can do at home with your child.	6+
Video Learning	BrainPOP Math	Watch cool educational math videos teaching math concepts.	Tweens and older
Video Learning	BrainPOP Social Studies	Learn about Martin Luther King Jr. and the civil rights movement and other social studies concepts with these learning videos.	8+
Video Learning	BrainPOP Various Subjects	Select from a library of subjects to view with your child, from learning about Emily Dickinson to learning about personal hygiene.	8+
Video Learning	BrainPOP Jr.	Select from a library of learning videos for younger children, including a hand-washing demo and an explanation of the coronavirus for children.	5+
Video Learning	Khan Academy	Content to keep foundational skills intact. Set up an account for your child based on age and grade, and select various subject matters, from math to science.	6–18
Video Learning	CrashCourse	Select from a vast library of short courses and learning videos for children. Topics cover history, art, technology, and more.	7–18
Video Learning	GoNoodle	Keep your child active with these cool movement and yoga activities to do at home.	5+
Video Links	Core Knowledge Blog—Read Aloud	Access links to numerous book read-alouds from K to 3 based on your child's age.	5–8
Video Links	Storyline Online	Access links to great books read by famous actors and actresses.	5–10
Virtual Tour	Yellowstone National Park	Can't travel? Explore the wonders of Yellowstone with virtual tours and photos of the sights, including a 3D view option.	7+
Virtual Tour	Virtual Yosemite	It's as if you are really there — almost. Take a hike around Yosemite National Park with your child, and learn about all that nature has to offer through sounds and information along the way.	6+
Virtual Tour	Google Museum Tours	Explore 2,500 museums around the world; view fine art and sculpture, and learn about culture and history.	12+
Virtual Tour	Ireland Cliffs	Take a virtual vacation with your child at the cliff of the Blarney Castle Gardens. Virtual reality capable.	6+
Virtual Tours, Videos, Online Resources	New England Aquarium	Take a virtual tour of the aquarium. View live presentations by aquarium staff or recordings of these events.	All ages