



www.brighthorizons.com/growing

What in the World?: Restaurant Rescue Box

What do you need?: A small box or bag containing special items that are only to be taken out at restaurants. Possibilities include: activity books, a calculator, rocks and a magnifying glass, small etch and sketch, magnets, paper clips to make a chain, special pens and a book, braiding, sticker books, magic slates, etc. Do not use small objects like paper clips for children under three.

What you do: Collect the items and rotate different activities. Make the items in the box special, to be used only at restaurants.

Tips: Children will look forward to going to restaurants to see what's in the box and this may help them sit at the table for longer periods.

Value: Physical — Small muscle activities offer practice in small muscle and motor skills.

Variations: Also create a box or bag of special items to investigate during commutes in the car or other waiting times.

We did it!

Name

Signature/Stamp