



Allergy Policies & Protocols

At **Bright Horizons®**, your child's health and safety is our top priority. When it comes to allergies, we take every precaution to prevent unwanted interactions.

Upon enrollment, we will ask that you notify the center if your child has a food or environmental allergy or food intolerance. If your child has a diagnosed allergy or asthma, you will be required to provide an individualized Health Care Plan, signed by your child's medical provider. This plan will detail their symptoms, reactions, treatment, care, and any necessary medications.

When you start at the center, your child's name, photo, and a list of their allergies will be posted in the kitchen and in all relevant classrooms and areas throughout the center. Staff members are trained on how to consult and use the list.

- Children with medically documented food allergies or food-related health issues and children with suspected allergies or food intolerances are highlighted in **red**.
- Children with health-related issues requiring a Health Care Plan, including allergies unrelated to food, are highlighted in **purple**.
- All children use placemats for meals and snacks. Those with food allergies use a **red** placemat.

Bright Horizons locations are nut-safe

We're dedicated to keeping nut products out of our centers.

- **All products containing nuts are prohibited from our locations.** This includes staff lounges and other common areas.
- We ask all families and staff to carefully monitor all product ingredients to avoid anything that contains nuts (including almond milk and other products, such as lotions).
- Children's snacks and lunches (provided by their family and/or the center) **cannot contain nuts in any form.**
- Items that do not contain nuts but state that they **may have been processed** in a plant that produces nut products, **may be served.**
- Items that state they have been processed in a plant that also produces nut products, may not be served.

While we make every effort to support children with allergies, it is impossible to eliminate all risks. We continually work with all our families to ensure everyone feels comfortable and safe.